



SEAFARER'S VEST

FRONT

Using smaller needles, cast on 88 sts. K2, P2 for 3".
Change to larger needles. Knit in stockinette stitch for 15",
ending with a RS row.

ARMHOLE SET UP

Row 1 (WS): K10, P to last 10 sts, K10
Row 2 (RS): Knit across
Repeat Rows 1 & 2 three more times

ARMHOLE DECREASES

Row 1 (WS): cast off 4 sts, K 6, purl to last 10 sts, K 10
Row 2 (RS): cast off 4 sts, knit across. 80 sts now remain on
the needles.
Row 3 (WS): K6, P28, K12, P28, K6
Row 4 (RS): knit across
Repeat rows 3 & 4 three more times



The Seamen's Church Institute
Christmas at Sea

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ABOUT THIS PATTERN

A vest adds warmth without bulk—
perfect for working at sea.

MATERIALS

Approx. 800 yds. worsted weight yarn

US size 8 needle
(or size needed for gauge)

GAUGE

5 st = 1"

SEAFARER'S VEST

FIRST SHOULDER/V-NECK

Row 1 (WS): K 6, P 28, K 6, turn. (Slide remaining 40 sts onto a holder).

Row 2 (RS): K 6, K2tog, K to last 8 sts, K2tog, K 6.

Row 3: K 6, P to last 6 sts, K 6.

Row 4: Knit across.

Row 5: K 6, P to last 6 sts, K 6.

Row 6: K 6, K2tog, K to last 8 sts, K2tog, K6.

Row 7: K 6, P to last 6 sts, K 6

Row 8: K across. (36 sts remain)

Repeat rows 5-8 until 24 sts remain on needle

Row 9: K 6, P to last 6 sts, K 6

Row 10: K 6 K2tog, K across

Row 11: K 6, P to last 6 sts, K 6

Row 12: K across

Row 13 (WS): K 6, P 10, K 6.

With 22 sts on needle, work even until armhole, from cast off to shoulder measures 10". Bind off.

SECOND SHOULDER

Starting at base of V-neck, knit corresponding shoulder.

BACK

On smaller needles, cast on 88 sts. K2, P2 for 3". Switch to larger needles.

Knit in stockinette stitch until work from beginning measures 15" ending with a RS row.

ARMHOLE SET UP

Row 1 (WS): K10, P across to last 10 sts, K10.

Row 2: K across.

Repeat Rows 1 & 2 three more times.

ARMHOLE DECREASES

Row 1: Cast off 4 sts. K6, P to last 10 sts, K10.

Row 2: Cast off 4 sts. K across. With 80 sts now on needle:

Row 3: K6, P to last 6sts, K6.

Row 4: K across.

Repeat rows 3 & 4 three more times.

SHOULDER

Row 1: K6, P to last 6 sts, K6.

Row 2: K6, K2tog, K to last 8 sts, K2tog, K6.

Row 3: K6, P to last 6 sts, K6.

Row 4: K across.

SEAFARER'S VEST

Repeat rows 1-4 until 64 sts remain on needle.

Row 5: K 6, P 52, K 6.

Row 6: K across.

Repeat rows 5 & 6 four more times. (10 rows worked)

BACK NECK BORDER

Row 1: K6, P10, K32, P10, K6

Row 2: K back even

Repeat Rows 1 & 2 three more times. Armhole from cast off to shoulder should measure 10". Bind off.

FINISHING

Join shoulder seams with edges touching (not overlapping).

Sew side seams. Weave in loose ends.