



ASIST

APPLIED SUICIDE INTERVENTION SKILLS TRAINING



Applied Suicide Intervention Skills Training (ASIST)

SCI offers **Applied Suicide Intervention Skills Training (ASIST)**,
a two-day interactive workshop in suicide first aid.

The internationally-recognized LivingWorks ASIST program teaches participants to recognize when someone may have thoughts of suicide and work with them to create a plan that will support their immediate safety.

FEATURES:	Scientifically-proven intervention model Powerful audiovisual learning aids Group discussions Skills practice and development Balance of challenge and safety
DURATION:	Two days (15 hours)
PARTICIPANTS:	Anyone 16 or older; each participant must attend both days
TRAINERS:	Two or more LivingWorks registered trainers
COST:	\$450 for two days, payable at time of registration* Course materials included

As the world's leading suicide intervention workshop, LivingWorks' ASIST program is supported by numerous evaluations including independent and peer-reviewed studies. Results demonstrate that ASIST helps participants become more willing, ready, and able to intervene with someone at risk of suicide. ASIST is also proven to reduce suicidality for those at risk.

For more information or to register, contact
ASIST@seamenschurch.org

*Reduced rate of \$300 available for individuals sponsored by a nonprofit or government social services agency (credit card or check from organization required as payment).

 **LivingWorks**
www.livingworks.net

seamenschurch.org/ASIST