SEAFARERS’ SOCKS

LEG
Cast on 56 sts with loose tension as follows: #1 needle: 20 sts, #2 needle: 20 sts, #3 needle: 16 sts. Join for knitting in the round K2, P2 for 3 inches K plain until leg measures 11 inches.

HEEL
Divide sts as follows: #1 needle: 28 sts (for heel flap) #2 needle: 14 sts, #3 needle, 14 sts
Row 1 (R side): *sl 1, K across, rep from * turn work around
Row 2 (W side): sl 1, P across
Work rows 1 & 2 (ending with row 1) until there are 13 sl sts at right edge (with purl side facing you). You are ready to turn the heel!

TURN HEEL (Beginning on wrong side)
P1, p2tog, p1, turn Sl1, k5, ssk, k1, turn Sl1, p6, p2tog, p1, turn Sl1, k7, ssk, k1, turn Sl1, p8, p2tog, p1, turn
Continue in this manner until there are 16 sts left on the needle with the right side facing you.

GUSSET (Instep)
Work on right side of heel flap (pick up underloop of each st) Pick up and knit 14 sts on side of heel and place onto first needle. K sts of 2nd and 3rd needles onto 2nd needle. Pick up and knit 14 sts on other side of heel tab and place
onto 3rd needle and K8 from 1st needle onto 3rd needle. Place remaining 8 sts onto 3rd needle.

Round 1: K around
Round 2: 1st needle: K to within 3 sts of end. K2tog, K1; 2nd needle: K across, 3rd needle: K1, ssk, k to end
Repeat these two rounds until you have: #1 needle: 14 sts, #2 needle: 28 sts, #3 needle: 14 sts.

FOOT
Knit around until sock measures 9 1/2” from back of heel to stitches on needle. Allow 2” for toe. Foot should measure 11 1/2”

TOE
Round 1: 1st needle- K to last 3 sts, k2tog, k1 2nd needle- K1, ssk, k to last 3 sts, k2tog, k1 3rd needle- K1, ssk, k to end.
Round 2: Knit around
Repeat these 2 rounds until 20 sts remain. K the last 5 sts of 1st needle onto 3rd needle

Graft toe together using Kitchener Stitch
With 10 sts on each needle, break yarn leaving 12” and thread onto tapestry needle. Hold sock so that both needles are even and parallel and with free yarn extending from right hand end of back needle. While working always keep yarn under knitting needles. Weave sts. From front and back needles together as follows:

*pass yarn needle through 1st st on front needle as if to knit, slip st off needle. Pass yarn through 2nd st on same needle as if to purl (leave st on needle). Pass yarn through 1st st on back needle as if to purl, slip st off needle. Pass yarn through 2nd st on back needle as if to knit (leave st on needle). Repeat from * until all sts are off needles. Fasten securely.

Completed measurement: leg: 14”, foot: 11.5”