



The Seamen's Church Institute
Christmas at Sea

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READY TO MAIL?

Christmas at Sea
118 Export Street
Port Newark, NJ 07114

CONTACT US

cas@seamenschurch.org
Phone: 973-589-5828

JOIN US ONLINE

seamenschurch.org

SEAFARER'S SOCKS

LEVEL 3

ABOUT THIS PATTERN

Wool socks are warm and water-resistant. Perfect for wearing at sea.

PATTERN NOTE

These socks are worked from the cuff down on double-pointed needles with a flap and gusset heel.

DIRECTIONS

Cuff and Leg:

Cast on 56 sts with loose tension and arrange on the needles as follows:
needle #1: 20 sts, needle #2: 20 sts, needle #3, 16 sts. Join for working in the
round, being careful not to twist.

Work k2, p2 ribbing for 3"

Change to stockinette stitch and work until leg measures 11" from start.

MATERIALS

Approximately 400 yards of
wool fingering or sportweight
yarn

US Size 1-3 double-pointed
needles, or size needed to get
gauge
Tapestry needle

GAUGE

In Stockinette stitch, 7 sts & 10
rounds = 1"

SIZE

Leg = 14" long
Foot = 11 1/2" long

Heel Flap (worked flat):

Divide stitches as follows: needle #1, 28 sts (to be used for heel flap), needle #2: 14 sts, needle #3, 14 sts.

Row 1 (RS): *Slip 1, k1, repeat from * across.

Row 2 (WS): Slip 1, purl across.

Work Rows 1 and 2 until there are 13 slip stitches at the right edge (with wrong side facing you), ending after Row 1. You are ready to turn the heel.

Heel Turn:

Beginning with a WS row, work short rows as follows:

P16, p2tog, p1, turn.

Slip 1, k5, ssk, k1, turn.

Slip 1, p6, p2tog, p1, turn.

Slip 1, k7, ssk, k1, turn.

Slip 1, p2, p2tog, p1, turn.

Continue in this manner until there are 16 sts left on the needle with the right side facing you.

Gusset:

Work on the right side of the heel flap. You will pick up the underloop of each stitch.

Pick up and knit 14 sts on side of heel and place onto needle #1.

Knit the stitches off needles #2 and #3 onto needle #2.

Pick up and knit 14 sts on the other side of heel flap and place onto needle #3. Knit 8 sts from needle #1 onto needle #3.

The beginning of the round will now be in the center back of foot.

Foot:

Knit around until sock measures 9 ½" from back of heel to stitches on the needle.

Allow 2" for toe. Final length of foot will be 11 ½".

Shape Toe:

Round 1: Needle #1: knit to last 3 sts, k2tog, k1. Needle #2: K1, ssk, knit to last 3 sts, k2tog, k1. Needle #3: k1, ssk, knit to end.

Round 2: Knit around.

Repeat these 2 rounds until 20 sts remain, knit the last 5 sts of needle #1 onto needle #3. (Only 2 needles remain, each with 10 sts.)

FINISHING

Graft the toe closed, using Kitchener stitch.

Break yarn, leaving a 12" tail to thread onto a tapestry needle.

Hold sock so that both needles are even and parallel and with free yarn extending from the right hand end of back needle.

While working, always keep yarn under the knitting needles.

Weave stitches from front and back needles together as follows:

*Pass tapestry needle through 1st stitch on front needle as if to knit, slip stitch off needle.

Pass yarn through next stitch on same needle as if to purl, leave stitch on needle.

Pass yarn through 1st stitch on back needle as if to purl, slip stitch off needle.

Pass yarn through next stitch on back needle as if to knit, leave stitch on needle.

Repeat from * until all stitches are off the needles.

Pull yarn through final stitch and fasten securely.